



## Orientation Year Program - Regulations (062)

1 **DRESS:**

In the interests of health and safety you must dress appropriately for all classes. T-shirts, tracksuits, shorts and non-marking trainers are acceptable. Towels for showers are not provided. Outdoor clothing, street shoes and sandals are prohibited. For swimming you will need shorts or long costume, towel and goggles if you have sensitive eyes.

2 **PUNCTUALITY:**

All classes begin at the advertised time and attendance will be taken at the beginning of every class. **After 5 minutes you will be marked late for which you will lose 1% of your final grade, and after 10 minutes you will not be allowed to enter the class, for which you will be marked Absent.**

3 **80% ATTENDANCE RULE:**

Students must attend 80% of the total number of sessions in a semester (i.e, attending 24 out of 30 sessions or incurring no more than 6 unexcused absences). Failure to do so shall result to an automatic grade of F. Only when the student's actual performance in class is meritorious shall 7 excused absences be allowed and an additional project or work shall be required from such students. Otherwise, the student will automatically incur a grade of F unless he officially withdraws from the class. Catch up lessons will only be offered within the timeframe permitted by the automated system for attendance. i.e., No late catch ups will be allowed. This is a new protocol that you must factor into your attendance.

**DEDUCTIONS**

Points shall be deducted from the student's final grade on the following basis:

Attending class without appropriate clothing	1%
Coming in late for class (5 minutes after the time)	1%

**8 unexcused absences will result in an automatic F grade.**

4 **PROBLEMS:**

**If you have any problems with the course or your instructor then you should discuss this with the instructor, the Director of Physical Education, or your Advisor. Not attending the class will simply result in a DN grade being issued. If you have 3 unexplained absences then you are expected to make an appointment to discuss the matter with the Director of Physical Education.**

5 **GRADES:**

During the semester you will have one elected activity to complete. During the OYP your grades are directly linked to your attendance and your improvement in knowledge and performance. The emphasis on each lesson will be to improve a physical skill / performance or learn something new.

**Grades are then calculated as follows:**

A+	=	95-100	A	=	90-94
B+	=	85-89	B	=	80-84
C+	=	75-79	C	=	70-74
D+	=	65-69	D	=	60-64
F	=	Less than 60 or 8 abs	DN	=	16 absences

6 **EQUIPMENT:**

All equipment is provided by the University and must be respected by all students.

7 **EXCUSED ABSENCES:**

Must be given in writing to your instructor, with English translation immediately after the absence. Excuse letters that are submitted more than 2 weeks after the absence will be deemed invalid and unacceptable.

**Student Name:** \_\_\_\_\_

**Student Number :** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Course #:** \_\_\_\_\_

**Start Date :** \_\_\_\_\_

**Mr Peter Goward, Director  
Department of Physical Education, Health & Recreation**