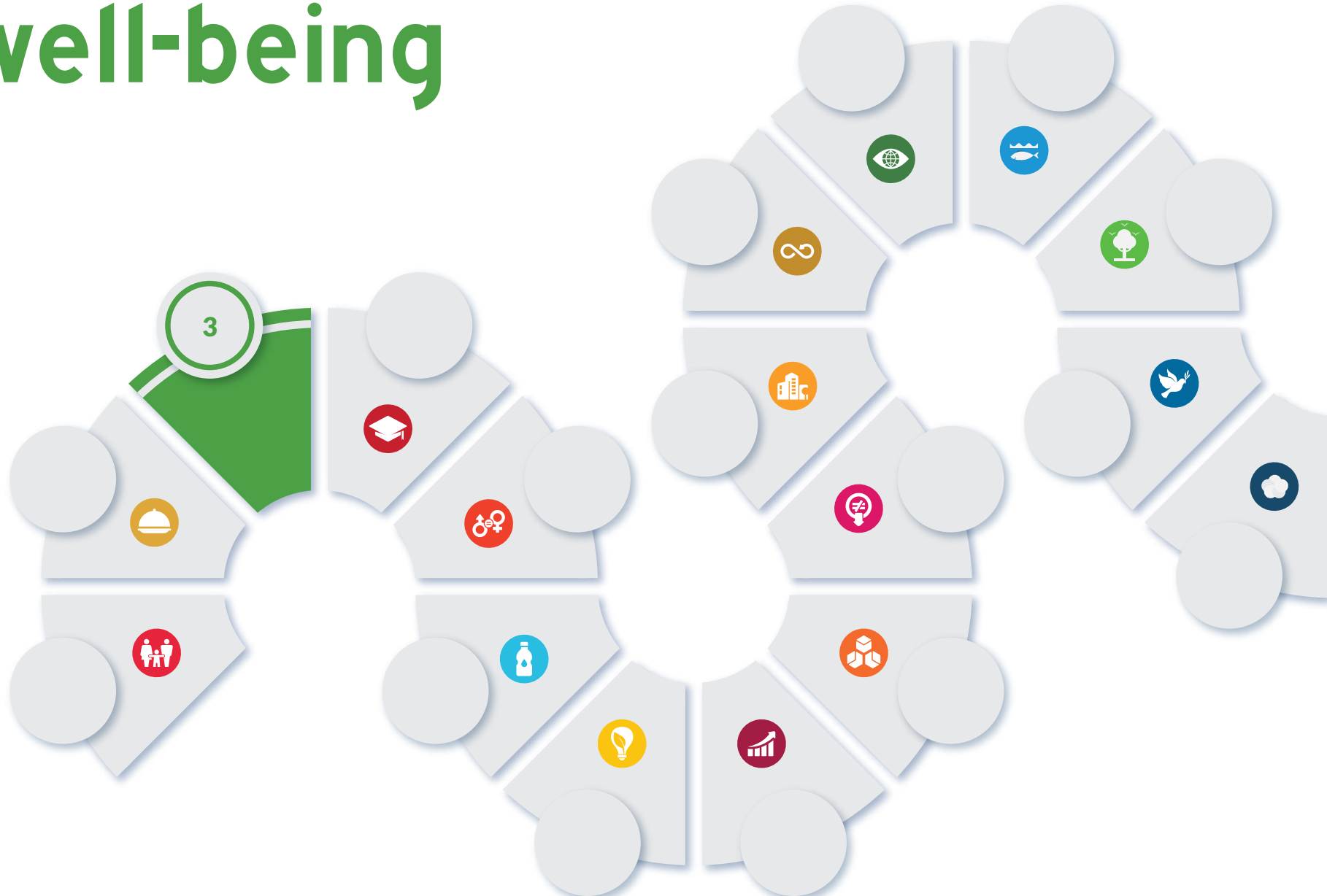


# Good health and well-being



جامعة الامير سلطان  
PRINCE SULTAN  
UNIVERSITY



# Summary

Prince Sultan University is fully committed to good health and wellbeing. This is clearly reflected on different fronts. On the research front, the university faculty members produce quality research on health issues from different perspectives, particularly computer science and engineering. Additionally, PSU has formed collaborations with local and global health institutions. For example, the university's prosthetics centre collaborates with Sultan Bin Abdulaziz Humanitarian City in Saudi Arabia and Nia Technologies Incorporation in Canada.

The university also pays great attention to the health of its students and staff through a number of policies and services, such as a smoke-free policy, the provision of mental health support through the counselling offices at both the male and female campuses and the arrangement of campus visits by different hospitals and health centres to raise awareness of important health issues, such as diabetes, breast cancer, drug abuse, etc. The university extends its services to the local community to improve health and well-being through different strategies, including arranging blood donation campaigns, paying visits to hospitals and schools by outreach committees, holding mental health awareness sessions by the Psychology Club and providing sports training by the physical education clubs.

The university makes its sports facilities, including swimming pools, basketball and volleyball courts and football pitches, accessible to the local community in pre-scheduled programs. Additionally, the university arranges regular sports competitions for schools and other institutions and offers special sports training programs for different age groups.



## Workshop on artificial intelligence (AI) in medical imaging and assistive devices



The Smart Systems Engineering Laboratory hosted an online workshop on artificial intelligence (AI) in medical imaging and assistive devices on 31-1-2024. Dr. Wahyu Rahmiani, an assistant professor at the Institute of Innovative Research, Tokyo Institute of Technology, Japan, was the guest speaker. She shared her insights on how AI is transforming healthcare by enhancing medical imaging and assistive devices and also shared her research findings in this area. The workshop attracted over 40 participants from KSA, China, Pakistan, Jordan, and Tunisia, who expressed their interest and appreciation for the topic and the speaker. The participants also expressed their thanks to the Smart Systems Engineering Laboratory for organizing this workshop and looked forward to attending the laboratory's future workshops.

## International Day of Women & Girls in Science



Education is essential to empower women & girls to gain confidence and achieve economic stability and success. Technological advancements have largely defined Today's digital era, where access to technology is essential to anyone's educational and economic success. Due to the fastest-growing technical advancement in jobs, STEM needs women.

Knowing this fact, AIDA lab under the supervision of Dr. Heba Khoshaim, Vice President of Women Campus & SDG 5 Committee leader at Prince Sultan University is pleased to celebrate the INTERNATIONAL DAY OF WOMEN & GIRLS IN SCIENCE on FEB 11, 2024 at 9-2 PM Riyadh Time, aligned with the United Nations General Assembly WGiS declared Day.



## Prince Sultan University Champions Good Health and Friendship with Filipino Community Basketball Event



In the true spirit of community and wellness, Prince Sultan University (PSU) opened its gymnasium to the Filipino community represented by the Parents/Teachers Athletic Club (PTAC) of Palm Crest International School (PCIS) in Riyadh for the opening ceremony of their 19th basketball tournament event on November 15, 2024, from 11:00 AM to 5:00 PM.

The event, organized in support of the United Nations Sustainable Development Goal (SDG) 3 – Good Health and Well-Being, brought together dozens of Filipino basketball enthusiasts for a day of sportsmanship, teamwork, and fun. The lively matches filled the court with energy, laughter, and friendly competition, showcasing how sports can unite people from different backgrounds.

For many participants, the experience was more than just a game—it was a chance to connect, de-stress, and stay active. “We’re really thankful to Prince Sultan University for letting us use their court for free. It means a lot to our community,” shared one of the players after an exciting match.

By offering free access to its sports facilities, PSU reaffirmed its commitment to promoting physical fitness, mental wellness, and inclusivity—core values aligned with SDG 3. The university continues to create opportunities that encourage healthy lifestyles and strengthen bonds among diverse communities in Riyadh.

Events like this highlight PSU’s dedication not only to academic excellence but also to building a culture of care, collaboration, and well-being. Through simple yet meaningful initiatives, Prince Sultan University continues to be a place where education, health, and humanity thrive together.



# PSU's commitment to SDG

## Mission

PSU is committed to United Nations Sustainable Development Goals (SDGs) through effective institutional resource management, innovative teaching and learning, research, national and international partnerships, continuous studies, and outreach. PSU shall undertake the following activities: form higher and steering committees, evaluate each SDG, formulate and develop related SDG policies, conduct awareness campaigns to the PSU community, establish a sustainability office, identify the SDGs related to each college, program, and course, and lab centers at PSU, and implement sustainability-related initiatives.

## Vision

Prince Sultan University strives to support Saudi Arabia's Vision 2030 and the United Nations Sustainable Development Goals (SDGs) by paving the way for higher education in KSA and Middle East.

## Mission

Supporting the Saudi Arabia's Vision 2030 and the PSU's strategic directions, PSU aligns its mission with SDGs by providing quality education, sustainability initiatives, lifelong learning, scientific research, and community service

